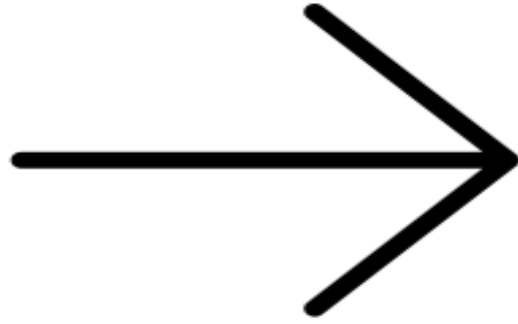


# Co-Rumination: The Emotional Cost of Friendship

Data Blitz | SIPPS 2021

Tessa Fagle

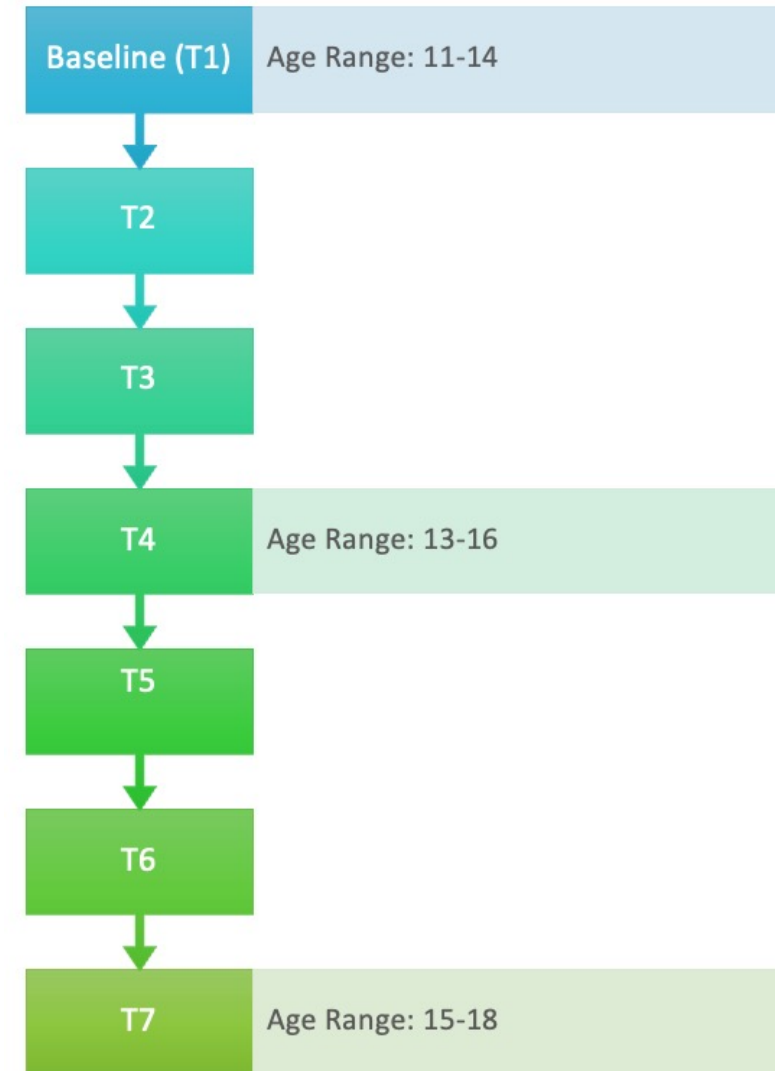


# Research Questions

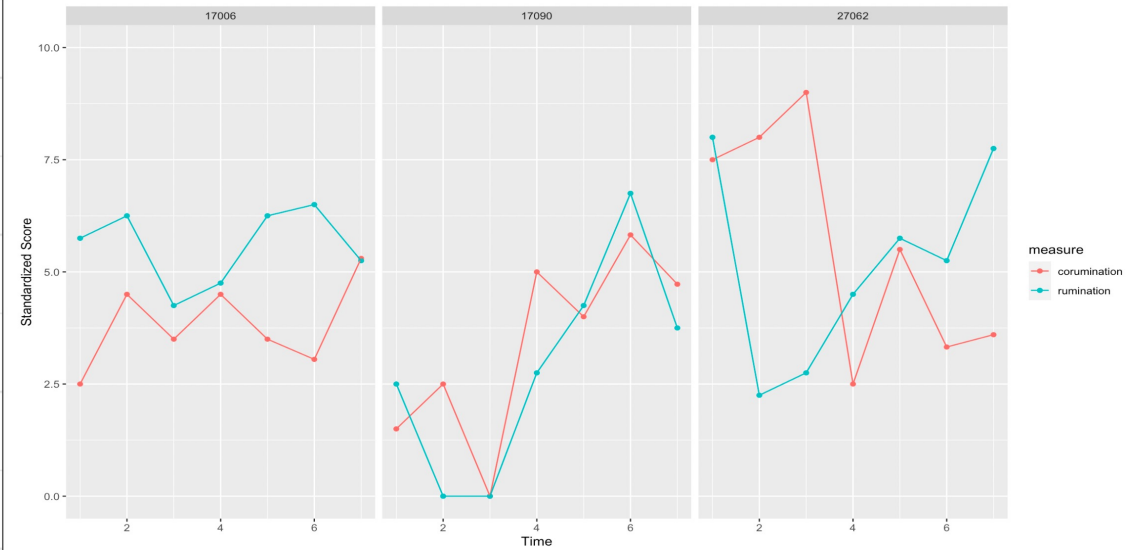
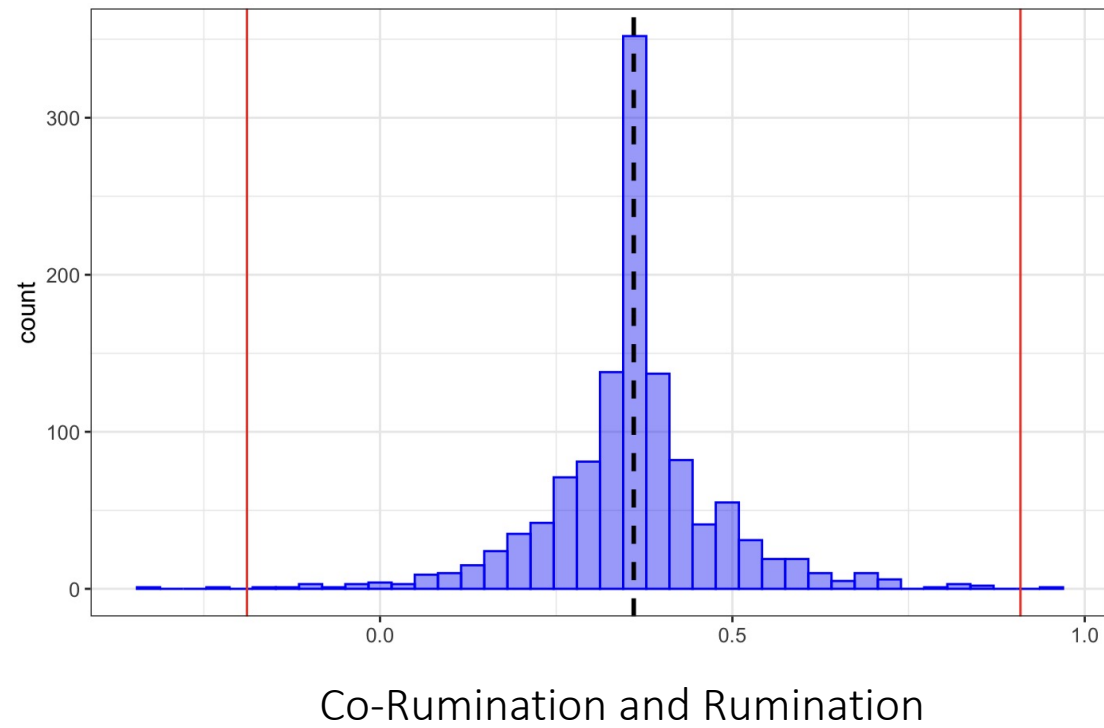
1. What is the **within-person** association between co-rumination and rumination?
2. Does **age** moderate the within-person association between co-rumination and rumination?

# Methods

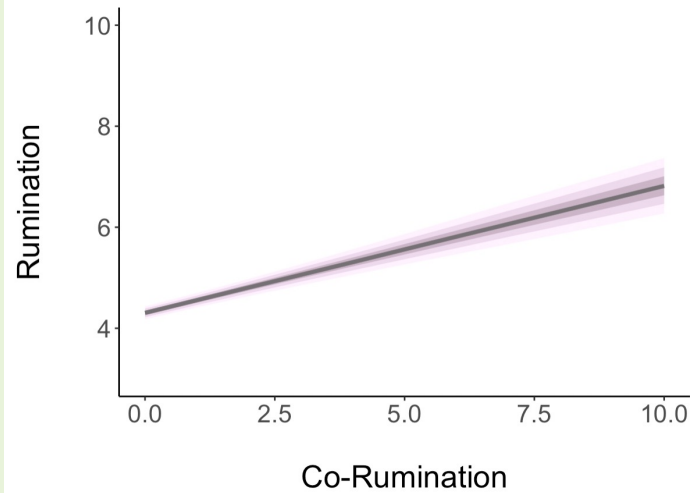
- Sample: 1217 adolescents (52% F)
- Measures:
  - **Co-Rumination Questionnaire (CRQ; Rose, 2002):** Assesses the extent to which adolescents co-ruminate with same-sex friends. Utilizes a 5-point Likert-type scale, with responses ranging from 1 (*not at all true*) to 5 (*really true*), with higher scores indicating greater co-rumination.
  - **Children's Response Style Scale (CRSS; Ziegert & Kistner, 2002):** Assesses the frequency in which adolescents engage in rumination. Utilizes a 5-point Likert-type scale, with responses ranging from 0 (*never*) to 4 (*always*), with higher scores indicating a greater frequency of rumination.



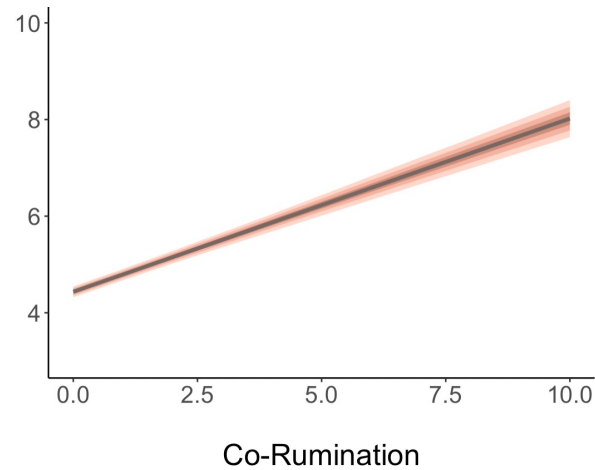
# Findings (Part I): Fixed & Random Effects



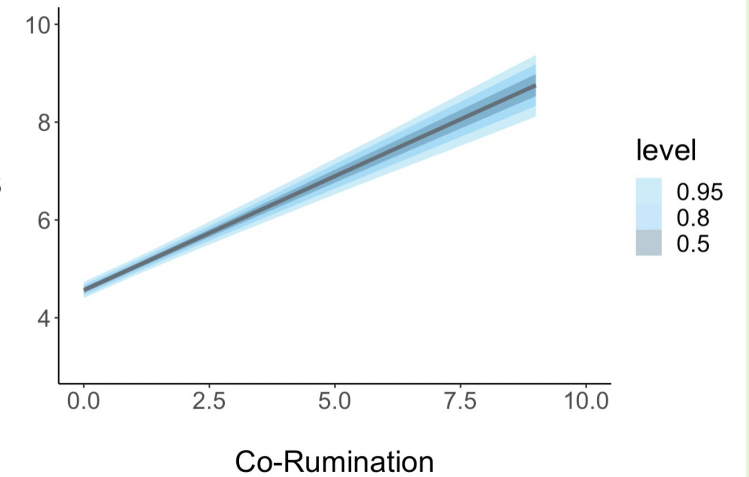
## Findings (Part II): Age as a Moderator



Early Adolescence (11-14)



Middle Adolescence (13-15)



Late Adolescence (16-18)

# Conclusions & Future Directions

## A Social Tradeoff

- For most teens, the external (*interpersonal*) act of co-ruminating with peers may shift to internalized (*intrapersonal*) rumination.

## What's Next?

- To explore potential factors that underlie the link between co-rumination and rumination
- Co-rumination in the digital world?



THANK YOU! 😊