The impact of emotional valence on memory

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Introduction







Literature Review

- According to Clewett and Murty (2019), valence and emotion affect memory.
 - \circ Positive memory broadening, better associative memory \to more likely to remember in order
 - Negative memory narrowing, better detail memory
- Memories for neutral information can be preserved by a future emotional event (Dunsmoor et al., 2015).



Does the valence of the Story Ending (Negative vs. Positive) Affect the Way People Remember a Story?

Experiment Design

4 short stories with valenced endings

- Positive = goal achieved
- Negative = goal failed

After 6 hours



Memory tests

- Free recall
- Detail memory test

Sophie had arrived on the west coast last year with a new job at a publishing company...



Positive ending

With a nervous swallow, Sophie raised the phone to her cheek and listened. "You mean I got it?" she almost yelped, tripping over an uneven chunk of sidewalk in the process...



With a nervous swallow, Sophie raised the phone to her cheek and listened. "Oh, I see," she swallowed, tripping over an uneven chunk of sidewalk in the process...



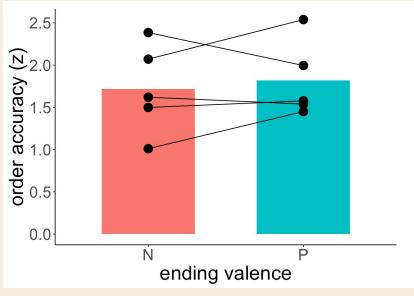
Hypothesis

Participants might recall more details from of stories with negative endings than stories with positive endings

Participants might recall stories with positive endings more in order than stories with negative endings

Findings - Order Accuracy

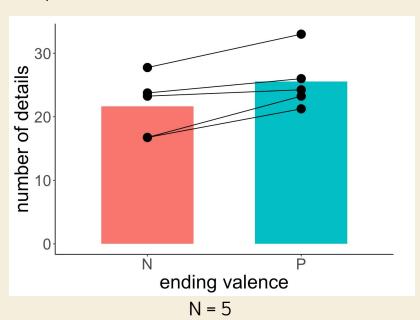
- Calculating the mean score of correlation between the order participants recalled and the "real" order for stories in each valence condition
- t(4) = -0.64, p = 0.56, CI = [-0.55, 0.35]



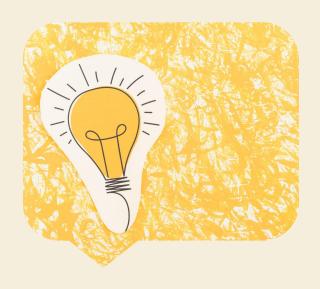
$$N = 5$$

Findings - Number of Details

- Calculating the mean score of the number of details for each valence
- t(4) = -3.89, p = 0.018, CI = [-6.68, -1.12]
- Significant results as p-value (0.018) is less than 0.05



Conclusions



- Emotional valence of endings do not significantly affect participants' memories regarding order.
- Participants remember more details from stories with positive endings than stories with negative endings.
- Emotional valence affects different forms of memory in different ways.
- The results are based on five subjects.