

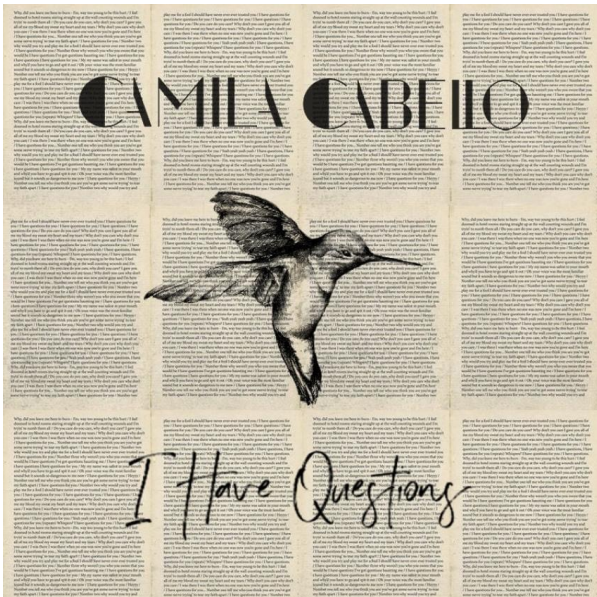
Say hi in the chat! How's your summer going so far?

How do I ask a question?

SIPPS Research Skills Workshop

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Welcome to research skills workshops!

- Tips for formulating a good research question
- Breakout rooms + work in a collaborative document
- Share time

Thinking of a research question

Sources of ideas

- Common sense
- Observation
- Theory
- Past research
- Practical problems

(and many more)



Protip: Just write ideas/questions down! Think about what area of psychology you are interested in for now

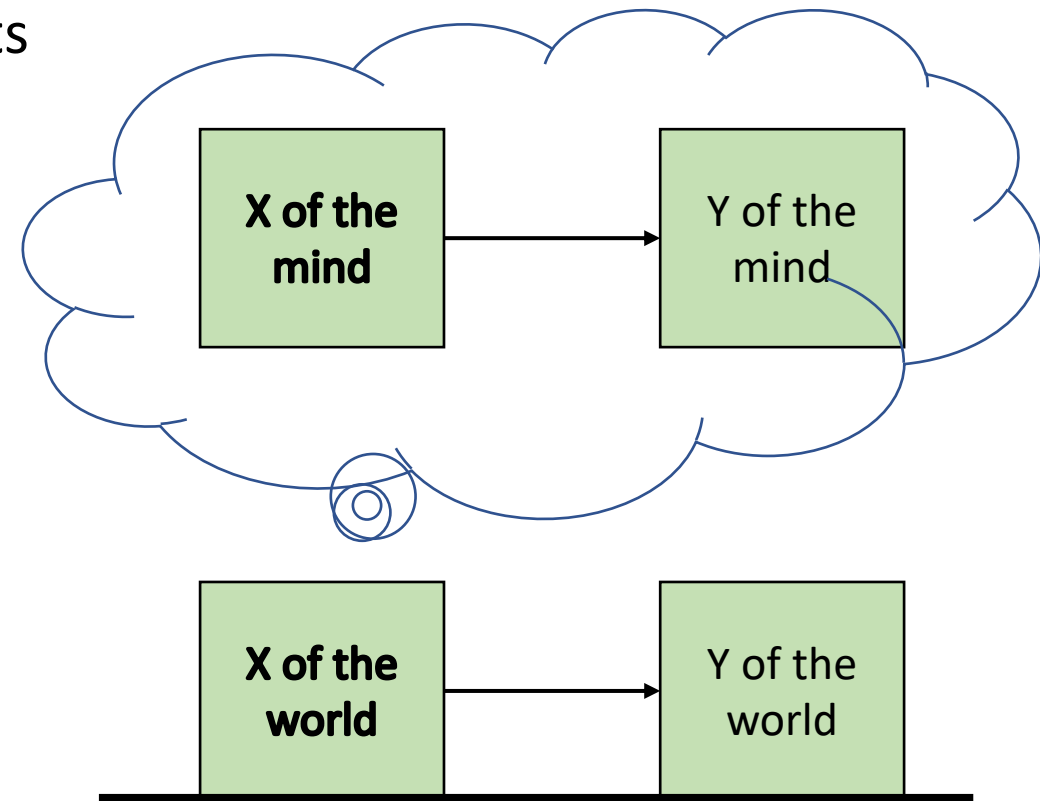
Structure of a research question

- What are the most important components of a research question?
- Research is all about effects, as in: What is the effect of X on Y?
 - A research question: What is the effect of not showering for three weeks on how I smell?
 - Not a research question: Where can I buy soap?
- X is the independent variable, or what you manipulate
 - Amount of time without showering
- Y is the dependent variable, or what you measure
 - My body odor
- Does X have an *effect* on Y, or is it simply related to Y?
 - How can we determine causality in research?



Operationalizing variables

- What does operationalizing mean? Why is it important?
- If we can't measure something specific, then we are speaking abstractly and cannot say much about whatever it is that we wish to discuss
 - In this case, we're philosophers, not psychologists
- How would we operationalize the following variables?
 - Body odor
 - Feline stress
 - Brain activity
 - Morality



Things to keep in mind

- Start big, work towards a point



- Know what you are manipulating and what you are measuring
 - This is your X and Y
 - Otherwise known as independent and dependent variables
- Be careful with direction. Does X cause Y, or is it associated with Y, or is X related to Z which happens to cause Y?

Let's practice

- Collaborative document: <http://bit.ly/SIPPS-RQ>
- Instructions (will also post in the chat):
 - Find your group's section of the document
 - Introduce yourself and write your general research interests
 - One person should volunteer to share a potential research question, and the rest of the group will help refine it
 - If there's time, do it again with another group member's question
- We'll come back together at the end to share

Share group discussions

